



Dr Hossam Elzeiny

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Fertility Specialist, Reproductive Endocrinologist,
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Tubal Reversal Postoperative Care

Immediate postoperative care

After surgery, you will wake up in the recovery room. The nurse will check your blood pressure, pulse and temperature frequently. The nurse will check your dressing and intravenous.

You may experience a bluish vaginal discharge or a blue-green colour to your urine after checking for successful tubal reversal.

You may not remember conversations immediately after surgery, which is normal and lasts only a short period.

Dr Elzeiny will visit you the day following surgery to inform you about the outcome of surgery and to check that you are fit to be discharged home.

Pain Management

You will be given a prescription for pain medication at the time of discharge. Take as instructed on the bottle. Pain pills take about 30 minutes to start working after they are swallowed, so take them before the pain starts.

Diet

You must consume only clear liquids (juices, Jelly, or both) until you pass gas or have a bowel movement. At this time, you may begin to advance your diet. Eat light, easily digested food for a few days.

Incision Care

Given the smaller incision site 4-5 cm on the bikini line, you are expected to have less pain and quick recovery, and good cosmetic result, you will be sent home with the outer dressing (operation site) on, it is waterproof, and you can have a shower the day following surgery, however, do not take a bath for at least five days after surgery. You may remove the dressing after 5 days, your incision is sutured with dissolvable stitches hidden under the skin so there is no need to remove them.

There will be small steri strips covering the skin edges, leave them until they fall off by themselves Always keep the incision site dry and clean.

Please call the office (03) 9416 1767 if you have any questions or concerns about your care.